

## ***Report on “Two week Self-Defence Training Camp 2025”***

**Event : Self-Defence Training Camp 2025**

**Date and Time: From 06/01/25 to 17/01/25, 12 noon to 3 p.m.**

**Venue : College Basketball Court**

**Joint Conveners : Dr. Nabadyuti Barman & Dr. Tushar Kanti Bose**

**Coordinator : Dr. Md. Imran Hossain, HOD Department of Physical Education**

**The Grievance Redressal and Anti-Sexual Harassment Cell, the Department of Physical Education, and the IQAC of Srikrishna College, Bagula, in collaboration with Ranaghat College, Sudhiranjan Lahiri Mahavidyalaya, Dwijendralal College, Asannagar Madan Mohan Tarkalankar College, Pritilata Waddedar Mahavidyalaya, and the Nadia District Sports Karate-Do Association, jointly organized a “Two-Week Self-Defence Training Camp 2025” from 6th January to 17th January 2025.**

The camp was intended for female students of our college as well as female students from the above-mentioned colleges that have signed an MoU with our institution. It formed part of both the **Platinum Jubilee Celebration** of our institution and the **Student Week Celebration 2025**.

The program was inaugurated by our Principal, **Dr. Sukdeb Ghosh**, and IQAC Coordinator, **Ms. Anamika Chakraborty**. The training camp aimed to build self-confidence and improve street awareness among female students.

A total of **82 female students** from various departments of our college participated in the event. Additionally, **13 female students** from Pritilata Waddedar Mahavidyalaya and Asannagar Madan Mohan Tarkalankar College attended on **17th January 2025**.

The sessions were conducted by **Sensei Supryo Dutta** (three-time international gold medalist, National A Judge, and 4th Dan Black Belt) from the Nadia District Sports Karate-Do Association. He trained the participants in various self-defence techniques and stunts to help them protect themselves in unwanted situations.

The **felicitation program** was held on **17th January 2025** in the presence of our Hon'ble Principal, **Dr. Sukdeb Ghosh**. Although the camp was initially planned to continue until **18th January 2025**, it concluded a day earlier due to unavoidable circumstances.

### *Some glimpses of the event*



## Some glimpses of the event



## Some glimpses of the event



## **Brochure of the event**



**Srikrishna College, Bagula**  
invites all the female college students to attend  
**Self-Defence Training Camp 2025**



From 06/01/25 to 18/01/25

A Part of both the Platinum Jubilee Celebration of Srikrishna College and the Student Week Celebration

*Organised by*

Grievance Redressal and Anti-Sexual Harassment Cell, IQAC and Physical Education Department of Srikrishna College, Bagul

*In Collaboration with*

**Ranaghat College, Sudhiranjan Lahiri Mahavidyalaya, Dwijendralal College, Asannagar Madan Mohan Tarkalankar College,**

Pritilata Waddeddar Mahavidyalaya and Nadia district Sports Karate Do Association

register >> <https://forms.gle/QRLaY>

**Chairperson**  
**Dr. Sukdeb  
Ghosh**  
Principal  
Srikrishna College

\* Certificates will be

### Int. Convenors

Dr. Tushar Kanti Bose,

Assistant Professor, Department of Physics, Srikrishna College

Dr. Nabadyuti Barman

Assistant Professor, Department of Chemistry, Srikrishna College

### Coordinator

Dr. Md. Imran Hossain

H.O.D, Department of Physical Education, Srikrishna College

\*Certificates will be given on successful completion of the course \*For more details please contact with the Jnt. Convenors & the Coordinator.





**Self Defence Camp 2025**  
**Srikrishna College, Bagulaa**  
**Attendance Sheet**

**Self Defence Camp 2025**  
**Srikrishna College, Bagula**  
**Attendance Sheet**

Sl. No.	Name (IN CAPITAL LETTERS)	College	06/01/25	07/01/25	08/01/25	09/01/25	10/01/25	11/01/25
37	SATYABOI BISWAS	Sakabdi Biswas						
38	SHREYAS JHOSH	Shreyaresh Shreyaresh Shreyaresh Shreyaresh						
39	SNEHALATA SIVER	Snehalata Sivler						
40	RIMPA SARKAR	Rimpa Sarkar						
41	POLI MONDAL	Poli Mondal Poli Mondal	Poli Mondal	Poli Mondal	Poli Mondal	Poli Mondal	Poli Mondal	Poli Mondal
42	SHIRMAN DAKSHI	Shirman Dakshi Shirman Dakshi Shirman Dakshi						
43	Bijoya Trakur	Bijoya Trakur Bijoya Trakur						
44	Amrita Biswas	Amrita Biswas Amrita Biswas						
45	MITABISWAS	Mita Biswas Mita Biswas Mita Biswas Mita Biswas						
46	Aruna Dhali	Aruna Dhali Aruna Dhali						
47	Deupsa Singh	Deupsa Singh Deupsa Singh Deupsa Singh Deupsa Singh						
48	Nandini Biswas	Nandini Biswas Nandini Biswas Nandini Biswas Nandini Biswas						
49	STUTI BISWAS	Stuti Biswas Stuti Biswas						
50	SHABANI MOJUMDER	Shabani Mojumder Shabani Mojumder						
51	MANDIRA MANDAL	Mandira Mandel Mandira Mandel Mandira Mandel						
52	RAMA ROY	Rama Roy Rama Roy Rama Roy						
53	Sanchita Biswas	Sanchita Biswas Sanchita Biswas						
54	Tamanna Mondal	Tamanna Mondal Tamanna Mondal						

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R. & T. Roskams

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SANDIPA HALDER

ERIK H. BAIN

Sandipa Holdens  
British Bain

# Bright's Bain

Sandipa Helder ✓  
Brishti Bain ✓

Brightly Bain ✓



Self Defence Camp 2025  
 Srikrishna College, Bagula  
 Attendance Sheet

Sl. No.	Name (IN CAPITAL LETTERS)	College	06/01/25	07/01/25	08/01/25	09/01/25	10/01/25	11/01/25
73.	Hena Biscwy				HenaBiscwy	HenaBiscwy	Hena Biscwy	Hena Biscwy
74.	Sebi Sing				Sebi Sing	Sebi Sing		
75.	PritiGolder				PritiGolder	PritiGolder		
76.	Soumi Bairagi				Soumi Bairagi	Soumi Bairagi		
77.	Swapna Biswas				SwapnaBiswas	SwapnaBiswas		
78.	Keya Paul				Keya Paul	Keya Paul		
79.	Ansima Khatun				Ansima Khatun	Ansima Khatun		
80.	Hafiza mondal				Hafiza mondal	Hafiza mondal		
81.	Sithi Ghosh				Sithi Ghosh	Sithi Ghosh		
82.	Koyel Bain				Koyel Bain	Koyel Bain		

**Self Defence Camp 2025**  
**Srikrishna College, Bagula**  
**Attendance Sheet**

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**Self Defence Camp 2025**  
**Srikrishna College, Bagula**  
**Attendance Sheet**

Sl. No.	Name (IN CAPITAL LETTERS)	Name of the College	13/01/25	14/01/25	15/01/25	16/01/25	17/01/25	18/01/25
37	DISHA RANI DUBE	-					Disha Rani Dube	
38	RAMA ROY						Rama Roy	
39	DWIPSA SINGHA						Dwipsa Singha	
40	TANIA KHATUN						Tania Khatun	
41	PRIYANKADAS						Priyankadas	
42	PTU SARKAR						PTU Sarkar	
43	Antara Mondal						Antara Mondal	
44	Bansha Adhikary						Bansha Adhikary	

16/01/25

1. Sandipa Haldar
2. Brishmi Bain
3. Anupsa Singh
4. Tithi Ghosh.
- 5) Arasina Kha~~lum~~
- 6) Rama Ray
- 7) Hena Biswas
- 8) Tania Kha~~lum~~
- 9) Priyanka Das
- 10) Nowshin Tarefder
- 11) Hafiza Mandal
- 12) Riu Sankar
- 13) Rose Das
- 14) Payel Sankar
- 15) Pameli Pal
- 16) Puja Biswas
- 17) Hena Kanjilal
- 18) SHARBANI MAJUMDER
- 19) STTUTI BISWAS
- 20) Rinki Biswas
- 21) Rona Biswas
- 22) Sharmintha Biswas
- 23) Barsha Adhikary
- 24) Snehalata Sikder

Self Defence Camp 2025  
 Srikrishna College, Bagura  
 Attendance Sheet

SL- <u>Name</u>	Name of the <u>College</u>	<u>Signature</u>
1. PRANTIBISWAS	P.W.M	Prantibiswas
2. PAYEL BISWAS	Pritilata Wadher Mahavidyalaya	Payel Biswas
3. ARUNA BISWAS	"	Aruna Biswas
4. RITWIKA SAHA	"	Ritwika Saha.
5. <del>Sathi</del> P	"	
6. SATHI PAUL	"	Sathi Paul.
7. KEYA MONDAL	"	Keya Mondal.
8. ADURI MANDAL	"	Aduri Mandal.
9. PRIYANKA BISWAS	Asannagar M.M.T College	Priyanka Biswas
10. SHREYA MONDAL	"	Shreya Mondal
11. SNEHA MONDAL	"	Sneha Mondal
12. SATHI MONDAL	"	Sathi Mondal
13. SHELI SARKAR	"	Sheli Sarkar
14. SABITRI GRAIN	"	Sabitri Grain